

Healing Treatments

Wellness Menu

PURPOSE: <ul style="list-style-type: none">• Increase healing and strengthen sexual function<ul style="list-style-type: none">• Increase emotional comfort• Promote body and self-love• Address sexual regression and repression	ADVANTAGES: <ul style="list-style-type: none">• Lower Blood Pressure• Promote Blood and Lymph Circulation<ul style="list-style-type: none">• Promote Self Love• Balance Energy• Reduce and Release Shame
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MODALITIES

- Sacred Sex Breathwork and Meditation
- Crystal Energy Chakra Healing
- Kundalini Energy Awakening
- Cuddling
- Sacred Sex/Erotic Movement
- Pleasure Mapping and Discovery
- Trauma Release/Shame Recovery Coaching
 - pelvic floor exercises
 - orgasm/masturbation coaching
 - spanking

SEQUENCE

60 – 75 MIN

- Room Clearing (before guest arrival)
- Intake (Waiver/Payment)
- Pre-session Arrangement
 - Desired Atmosphere
 - Room/Client Preparation
 - Intention Statement
- Treatment Session
- Post-session Reflection